"You Can't Lose with the 'Stuff'
I Use!"

Rev. Ike's Science of Living is...

THINKONOMICS

Change Your Thoughts and Change Your Life:

A Step-by-Step Guide to Achieving LOVE, GOOD HEALTH, SUCCESS, and MONEY using Rev. Ike's "Can't-fail" techniques of Self-Awareness, Visualization, Affirmation, and Repetition!

By Dr. Frederick Eikerenkoetter
Better Known as Rev. Ike

Thinkonomics!

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This book is a gift to you from

Rev. Ike Legacy

It contains excerpts from Rev. Ike's ground-breaking Science of Living Study Guide, *Rev. Ike's Secrets for Health, Joy, and Prosperity - For YOU!* which has been changing lives for more than 40 years.

Please feel free to share this book with your friends and loved ones so that they can also benefit from these life-changing Mind Science techniques.

If a loved one gave this ebook to you and you would like to receive more written, video, and audio teachings from Rev. Ike Legacy, sign up at www.revike.com

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Introduction

Get Ready to Become...

A Master of Happiness

A Master of Money

A Master of Your Life!

Do you want to discover how to harness the God-given power of YOUR OWN MIND to achieve good health, happiness, success, prosperity, and money?

Are you ready to 'wash out' doubt, fear, and worry and IMPLANT self-esteem, success, and love into your subconscious?

You've made the right start with this e-book!

Welcome to Thinkonomics -- I'm Rev. Ike, and you'd better fasten your seat belt because some of your old self-destructive ideas are going to get turned topsy-turvy.

You're going to get turned on to a whole new way of thinking!

You're going to 'get right with yourself'! And when you are right with yourself, everything in life will be right for you!

Right HERE and right NOW start to introduce yourself to the life-changing teachings of Rev. Ike beginning with my *Thinkonomics* ebook.

But let me warn you – you may get more than you expected...

Based on the Bible, but... What? ... Gasp!!!

Some 'religious' people are going to be shocked by what I have to say. Because, you see, my teachings are based on the Bible – but not the literal translation of the fundamentalists.

I interpret the Bible SYMBOLICALLY, not literally. I consider the Bible the greatest book of Mind Science – the greatest book of **spiritual psychology** – ever written!

When I get through with you, the Bible will never be the same! You will *UNDERSTAND* it for the first time in your life!

And you will love God more than ever, but it won't be the God you learned about in Sunday school. It won't be that stingy, hard-hearted, hard-of-hearing God-in-the-Sky you've *been* praying to, because you'll learn to stop looking for help from a God OUTSIDE of you.

You will know the truth of yourself – that you are a Child of God and that God is **WITHIN YOU!**

You see, this book and my teachings are for THINKING people of ALL religions and even for those with NO religion! So, start reading with an open mind, think for yourself, and be ready to ask yourself some 'hard' questions because therein lies 'self-awareness'!

Now these written chapters are transcribed from my live, emotionally charged, teaching sessions where my students repeat these life-changing affirmations along with me.

So, at the end of each chapter, be sure that you repeat the affirmations out loud and with FEELING because there's magic in HEARING and SPEAKING and FEELING – even more so than from simply reading.

Repeating these affirmations aloud helps them reach beyond your conscious mind directly into your subconscious mind where your self-image – and your life – will begin to change for the better!

You can learn more about who I am, and my philosophy of Mind Science at my website: https://www.revike.com.

And remember...

You Can't Lose with the Stuff I Use!

So, start right now to work with this stuff. These techniques will automatically draw good health, joy, love, success, and more money to you.

Read on -- it's time for you to begin a new, more abundant life!

Love, Peace, Prosperity,

Lev. Ike

Dr. Frederick Eikerenkoetter, Better known as Rev. Ike

(written January 2009)

Chapter 1

YOU ARE YOUR SELF-AWARENESS

Be it done for you as you desire. Matthew 15:28

A SCIENCE OF LIVING PRINCIPLE

Whatever you believe about yourself, so be it unto you.

I Teach You Mind Power!

I teach what I call Mind Power. Some people have not been taught how to work their minds. Pardon the expression, but they were taught to work their behinds.

I teach people that "the more you learn to work your mind, the less you have to work your behind!" And this is really what the Science of Living is all about.

Positive Self-Image Psychology

Positive self-image psychology is seeing oneself in one's own mind *being*, *doing*, and *having* the good one desires. If I could describe my teaching, my philosophy, in one term most succinctly, it would be "positive self-image psychology." And positive self-image psychology is what we all need. An old Greek philosopher said, "Man, know thyself." And that's just another way to say the same thing.

Project Your Ideas into Reality

In this philosophy, which I also call Thinkonomics, or the "science of positive self-awareness," I teach the individual to define his ideals and to project his ideals into reality by means of visualization, affirmation, and meditation.

This is using Mind Power. This is "the Stuff I use!

Define Yourself

Define what you want to be, what you want to do, and what you want to have. When I first started counseling people, it surprised me to find that there were so many people – people of all ages – who didn't know what they wanted out of life. When I asked them, "Well what do you want to be?" they would say, "I don't know." "What do you want to do?" "I don't know." "What do you want to have?" "I don't know."

The individual must come to a point of self-definition and positive self-awareness. Here again, while speaking to students at the University of Alabama, they said to me, "Rev. Ike, I want you to tell me how to get a Cadillac. I want you to tell me how to get a million dollars."

In the Science of Living, we teach that if you want to be something, first SEE yourself in your mind

BEING it.

Define yourself as the one who is DOING that which you want to do.

Define yourself as the one who is HAVING that which you want to have.

And then visualize. See yourself in the theater of your own mind being, doing, and having the good which you desire. Also, you must use the technique of **affirmation**. You must affirm that you are that which you desire.

Add Good Things to "I AM"

I interpret the Bible psychologically, rather than theologically. One of the prophets in the Bible said, "Let the weak say, I AM strong." (Joel 3:10)

Now, let's talk about these mystical words. "I AM." Whatever you add to "I AM," that is what you become. That's why I am against anybody teaching the so-called poor people to say, "I am poor." You know, it has become somewhat popular, it has become somewhat of a stylish cliché, if you please, to say, "poor people."

If you don't want to be poor, stop defining yourself by that word. Define yourself as prosperous.

When you say, "I am poor," that is your self-definition. That is your self-awareness – and you are never going to be able to experience anything better than, or anything other than, your own self-definition.

Watch Out for Labels

Whatever you want to be, define yourself as that. If you're poor and you want to *stay* poor, keep saying, "I am poor." And don't grumble because you are poor. You have to reject all of the nice, neat, sociological labels which are pinned on you by society.

Then there's another nice, neat label, "failure." But anybody who has been exposed to my Ministry can no longer claim he is "a failure."

Whatever You Add to "I AM" That is What You Become

It is a great disfavor to people to teach them this kind of negative self-image psychology. Because whatever you define yourself as, whatever you say about yourself, that is what you become.

And the only way that you are going to become something else, or become what you want to be, is to re-define yourself as *that which you want to become*.

Change Your Circumstances

I want to quote the mystical words of the Apostle Paul from the Bible, *the world's greatest book of psychology.* He wrote to the Romans, in the twelfth chapter of his Epistle:

"Be you transformed by the renewing of your mind."

And I would like to quote further from that verse of Scripture. He said to the Romans, "Be you not conformed to this world." My interpretation of this is, "Do not conform to things as they appear."

Do not be a slave to the conditions that you are in. Do not be locked in and bound by the undesirable circumstances that you find yourself in.

Change your circumstances by changing your self-image, by changing your self-definition

The Bible says, "Let the weak say, I AM strong." I like to add that, "Let the poor say, I AM rich. Let the sick say, I AM well." This is re-defining oneself. Let the weak one re-define himself as strong. Let the poor one re-define himself as rich, and so on.

See yourself in the theater of your own mind being, doing, and having the good that you desire.

What You Say Is What You Get

One of the things that I will never forget is the case of a thirteen-year-old boy who was brought here by his mother. All of his life he had suffered with asthma. He couldn't go to school very regularly because of his asthmatic condition.

The very first Sunday that he came to United Church in New York City he sat in the congregation. And before the service, I walked down the aisle as I usually do to meet and greet the people. This youngster leaned over from his seat and said to me in the wheezing tone of an asthmatic, "Reverend, please pray for me, I have asthma." I stopped for a moment and looked at him and then I said to him, "Son, I see in you a boy who has no asthma." Then I proceeded down the aisles to speak to other people.

I didn't talk to this young man again for about six months, but every Sunday after that I would see him sitting in the congregation, smiling. Finally, when I got a chance to talk to him, he told me a wonderful story. He said to me, "Rev. Ike, that Sunday when you walked down the aisles, I asked you to pray for me, because I had asthma. And when you said to me, 'Son, I see in you a boy who has no asthma,' something lifted from my chest, and I've never suffered with asthma since."

Change your circumstances, your conditions, by changing your self-image, by changing your self-definition.

See Yourself as You Wish to BE!

What was it that I did that healed him? I re-defined that young man's self-image for him.

You have to give yourself a positive self-image that will lift you, that will heal you, that will prosper you. When I said to that young man, "Son, I see in you a boy who has no asthma," he immediately got in his mind a picture of himself as being healthy, as having no asthma, and he experienced that which he saw.

You have to learn to use positive self-awareness to heal yourself, to bless yourself, and to prosper yourself. You have to learn to develop a positive self-awareness to become a winner in the game of life.

QUOTES TO REMEMBER

"Self-image is the key to everything." — Rev. Ike

"Take the place and attitude which belong to you, and all men acquiesce." — Ralph Waldo Emerson

"The more you learn to work your mind, the less you have to work your behind." — Rev. Ike

"...chance favors only the mind that is prepared." — Louis Pasteur

(Repeat the affirmations aloud, with feeling!)

Right here and right now, I am constructing a positive self-image.

I see myself, in the theater of my mind, being, doing, and having all the good I desire.

I AM healthy! I AM happy! I AM loving! I AM successful!

I AM Prosperous!

I AM rich!

Thank you, Father!

Thank you, God-in-me!

The subconscious mind does not know the difference between a mental picture and material reality.

This is an amazing truth about your subconscious mind. Whatever your subconscious mind believes to be true, it will manifest in material reality! So, make no mistake about it, your mind is going to be used.

The questions you must ask yourself are:

- WHO is going to use my mind?
- Am I using my mind in a positive or in a negative way?
- Is my imagination creating suffering or happiness for me?

<u>Click here</u> to discover how to 'trick' your subconscious mind into getting you everything you want in life – by <u>using your God-Given</u>
Power of Visualization!"

Chapter 2

FOUR STEPS TO GET WHAT YOU WANT

You have within you the Infinite Power of God to bring into existence whatever good you want to be, to do, and to have!

A SCIENCE OF LIVING PRINCIPLE

In this lesson I have outlined four steps to help you to bring the good you want into existence. Study and meditate upon **each and every step**, **each and every day**. They are to be studied over and over, not just read once and forgotten. These steps must become a part of you.

- 1. DECIDE IT
- 2. BELIEVE IT
- 3. SEE IT
- 4. FEEL IT

As you discipline and condition your mind in this way, the good which you desire will come to you in ways that are "past finding out." (Romans 11:33)

Step 1: DECIDE IT!

Your decision DEFINES what you want. First decide what it is that you want. A very simple question to ask yourself every day is this one: "What do I want?" Write that down on a piece of paper and put that on your mirror so that every morning as you prepare for the day you can ask yourself, "What do I want?"

Although that is a simple question, many, many people have never answered it for themselves. Many people can't decide what it is they want. And many others believe that no matter what it is they want, they can't have it. So, this holds them back from getting what they want.

Now I'm telling you to leave all those thoughts of "I can't" behind! Tell yourself you **can** be, you **can** do, you **can** have what you want. Sometimes I find it is necessary to shock people into making a decision. When people come to me and they're undecided in their minds, oftentimes I'll say to them, "What in the hell do **you** want?"

See, they don't expect to hear a minister cuss. Some people will be so shocked, they'll blurt out, "I really don't know." Well, how in the world are you going to get something, if you haven't decided what it is that you want?

Right here and right now, make up your mind about what you want and write it down.

For the purposes of this lesson, let's say that your goal is to have your own business. Write down

what type of business you want and write down the date when you will start your business. Make plans for the grand opening. Decide on the part of town you will have your office in. What type of building do you want your office in? Write that down. How many employees will you have? Write that down too.

If you don't want your own business, decide in your mind exactly what you do want and write that down. Maybe you want a new house, a vacation, or more education. Maybe you want a loving mate.

Whatever it is, decide what your goals are **NOW** and write them down so you can have them before you as a daily reminder.

Step 2: BELIEVE IT!

Belief is mental acceptance. When you believe something, you mentally accept it for yourself, right NOW. In order to accomplish your goals and achieve your good purposes, you have to **believe**, you have to mentally accept what you want. And you must believe that you deserve it!

Don't be discouraged by those around you who tell you that you cannot accomplish your goals. Remember that the world is full of wonders that people said couldn't be done.

Believe in the Infinite Goodness, the Infinite Power of God-in-you. When you believe, you can achieve any and every goal you set for yourself. As Rev. Ike says, "When you believe in yourself you become UNSTOPPABLE!"

Many people write to me and tell me, "Rev. Ike, I want more for myself but I don't have enough education to accomplish my goals." I remind them that a lot of millionaires, even some **BILLIONAIRES**, didn't have much education and that didn't hold them back.

Many people use the lack of education as an excuse. I always encourage you to get all of the education you can, and if you are self-motivated, you'll find scholarships and grants for your education. But don't let the lack of a formal education hold you back. If you want something greatly enough, you will find a way.

Step 3: SEE IT!

Use the technique of visualization. You must SEE the goals you have set for yourself. Use your imagination to see your dreams and lofty aspirations. As Flip Wilson said so well, "What you SEE is what you get!"

Go into the theater of your mind and see yourself walking into your new office to take charge. See yourself as the boss behind your desk. Visualize the carpeting on the floor – notice how thick it is? Visualize the windows and the wonderful view of the city. **See** the comfortable chairs, and picture yourself holding a conference with other business executives. Visualize your bank account bulging with lots and lots of money!

Whatever business you want, see yourself in the process of making a sale. See yourself ringing up all that money on your cash register. See yourself experiencing it. If you want something other than a business, see yourself with it. See yourself being, doing, and having the good you desire.

"Where there is no vision, the people perish." Proverbs 29:18

Step 4: FEEL IT!

Feel the Presence and Power of God already within you! Feel this Power within you bringing your good purposes into reality.

See what you want and **feel** yourself experiencing it. If you're going to be a boss, see yourself behind that big boss' desk, and feel the arms of your chair. Feel the buttons on your telephone that connect you to all of your employees. Feel yourself walking on the thick colorful carpeting. Smell the new office smell. Smell the fresh flowers on your desk. Feel the plush drapes on your windows and feel the money pouring into the bank!

Feel your good purposes in your heart. And, of course, "seeing" and "feeling" in the subjective depth of your being go together. "See" what you want and "feel" yourself experiencing it.

For example, one of the favorite techniques I teach for getting the car you want is to mentally sit in that new car and smell the new car smell. Get full of the feeling of sitting in the driver's seat and feel the notches behind the steering wheel. Feel yourself driving that car down the street.

Feel the good you desire in your heart and open the eye of your mind, the theater of your mind, to the Presence and Power of God within you. The Infinite Source of Good will bring the good you desire into manifestation.

Your positive thinking and feeling will lead you to take the right positive action to accomplish your good desires.

It Cannot Be Otherwise

Too many times people want to put the responsibility for their decisions on somebody else – even somebody way up in the sky. But the important teaching here is that you have to decide it, **you** have to believe it, **you** have to see it, and **you** have to feel it.

In this Ministry, we not only give you theories, but we show you how to work with them. We give you practical applications. What I give to you, I know works because it works for me.

That's why I can make the extravagant claim, "You Can't Lose With The Stuff I Use!" Study these teachings and practice these instructions, correctly and in faith, every day. As you Decide, Believe, See, and Feel the good you desire in your heart and mind, you will receive guidance as to what you should do, from the God-Mind within you.

THINGS TO THINK ON:

DECIDE, **BELIEVE**, **SEE**, and **FEEL** the things that you want to be, to do, and to have. Open your mind to the guidance of the Divine Mind. It will direct you what to **DO**. Co-operate with God-in-you. "And He shall bring it to pass."

QUOTES TO REMEMBER

"Climb high, climb far, your goal the sky, your aim the star." — *Anonymous*

"Every day, in every way, I'm getting better and better." — *Emile Coue*

"Positive thinking leads to positive action and positive results. Any kind of thinking that does not lead to positive action and positive results is not positive thinking." — *Rev. Ike*

(Repeat these affirmations aloud, with feeling!)

Right here and right now, I KNOW exactly what I want!

I have DECIDED it in my heart and in my mind.

I BELIEVE in the good which I desire.

I SEE and FEEL myself being what I want to be, doing what I want to do, and having what I want to have.

My positive thinking leads me to positive action. And I get positive results.

Thank you, God-in-me!

Remember to repeat the above affirmations out loud and with lots of emotion! There's magic in speaking and hearing – even more so than in reading.

Although Rev. Ike made his transition in July 2009, his spirit is alive and well and his teachings continue to inspire millions through his dynamic and entertaining **YouTube** videos (Click here to watch on the official Rev. Ike YouTube Channel)

Chapter 3 FORGIVE YOURSELF

But this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before I press toward the mark. Philippians 3:14-15

A SCIENCE OF LIVING PRINCIPLE

Forgiveness starts with you. You must forgive yourself and get rid of your negative feelings of self-condemnation.

Live in the knowledge of the truth of you — your Divine Self that never sins — and leave all guilt behind.

-

Some people, deep down in their hearts and minds, hold a grudge against someone or something. People hold things against themselves. I know of people who pray and pray for years, asking God to forgive them for things they were involved in or did years before. They hold their past mistakes against themselves and it affects the rest of their lives.

Some of you made one mistake long ago and continue to feel guilty about it! Maybe you have loved ones who have passed on, and although you did everything you could to help them, in your hearts and minds, you're still worrying, "I wonder if I did everything I could?" These feelings add up to what is called a guilt complex.

In this lesson I'm going to teach you how to get rid of your guilt complex. If you are feeling guilty about something within your heart and within your mind, you are asking for punishment and you are going to get it!

You Must Forgive Yourself

As long as you hold negative things of the past against yourself, you will hold yourself down into a rut, down into a negative pattern where you will continue to repeat your mistakes.

The Bible says, "He that covers his sins shall not prosper, but whoso confesses and forsakes his sins shall have mercy." (Proverbs 28:13) This means that if you're going down the wrong road and you **know** you're going down the wrong road, it's not enough for you to say, "I'm going down the wrong road" and continue to do so.

You must acknowledge your mistakes. You must forgive yourself for your mistakes. You must forgive yourself and change your ways. You must turn around and go the right way!

When a person deep down in his own heart and mind fails to forgive himself, he thinks that God does not forgive him. If you feel that God has not forgiven you for your mistakes, it is a sure sign that you have not forgiven yourself.

I want to repeat this again because this is what some of you need in order to set yourself free from a guilt complex: if you feel that God has not forgiven you for your past error or your past misdeeds, it is a sure sign that you have not forgiven yourself.

The Almighty will not hold anything against you that you repent of if you forgive yourself. Jesus said, "Neither do I condemn thee; go, and sin no more."

A Guilt Complex

Psychiatrists call man's failure to forgive himself a "guilt complex." The guilt complex is one of the main causes of mental disease. I know of people in Beverly Hills and Hollywood who spend years and years and thousands and thousands of dollars on psychiatrists' couches trying to get rid of a guilt complex. During my last seminar in California I taught them about forgiveness and saved them millions of dollars! And it helped the psychiatrists there also, because the psychiatrists have more patients than they can handle.

You see, sometimes people get rich so quickly they can't adjust to their new-found prosperity. They become stars so fast that they can't adjust to their new-found success. Maybe they've been taught to be ashamed of having money, and so they feel guilty for the money they have. All this adds up to the same thing — a guilt complex.

A guilt complex always brings punishment. A guilt complex compels and draws punishment.

Search Your Mind

If negative things keep happening to you, you had better search your mind and see if you have a guilt complex. If you discover you do have a guilt complex, then settle it in your own mind and settle it quickly. Because as long as you have that guilt in your mind, it's going to draw punishment to you. And it will draw punishment to you from sources and from people that seem com-pletely unconnected to you.

Guilt in the mind can draw punishment in so many different ways that you won't have the slightest idea what the cause is. This brings to mind a song that I use from time to time to demonstrate this.

It's an old so-called spiritual that says, "I wonder what I have done to make my race so hard to run." It could be that you're going around with a guilt complex. Be sure that you settle the guilt question in your own mind. Be sure you settle any negative thoughts in your own mind so that you can begin enjoying positive experiences in your life.

Stop Persecuting Yourself

Some people have the habit of persecuting themselves, and saying, "Oh, why did I do this!? Oh, why did I do that!?" If you are persecuting yourself for something that you did or something that happened long ago, stop it.

Never indulge in self-persecution. Because self-persecution brings on self-depreciation, self-rejection, and spiritual disease.

If you have been apologizing to God and praying, "Lord, forgive me, forgive me Lord, please forgive me," stop it! THERE IS NOTHING YOU CAN DO ABOUT YOUR PAST MISTAKES BUT FORGIVE YOURSELF.

Forgive yourself for your past mistakes and forget them! Stop judging and condemning yourself for the sins you believe you have committed. After all, who hasn't done things he regrets? Who hasn't made mistakes? God forgives you **when** you forgive yourself and turn from your error.

In order to be what you want to be, do what you want to do, and have what you want to have, you must look to the God-in-you for the strength you need to forgive and forget your past mistakes and recognize the truth of you — your Divine Self that never sins.

This truth of you — your Divine Self — will give you the strength to stop dwelling on the negative things, will set you free from any guilt complex you might have, and will start bringing the good desires of your heart into your life right here and right now!

QUOTES TO REMEMBER

"You had better learn how to forgive yourself and how to forget past mistakes. This isn't yesterday, this is today." — *Rev. Ike*

"Better by far that you should forget and smile than that you should remember and be sad." — *Christina G. Rossetti*

"When you forgive yourself, and turn from your error, then God forgives you." — Rev. Ike

(Repeat the affirmations aloud, with feeling!)

Right here and right now, I forgive and forget all of those I think have wronged me in the past.

I let go of any grudges deep down in my heart and I forgive myself for the mistakes I have made.

I forgive myself and I forget my guilt!

I cancel guilt from my mind and I look to the God-in-me for health, happiness, love, success, and prosperity.

Thank you, God-in-me!

Everything which you do not forgive yourself, or another, for will be repeated in your experience.

Whenever you find that you are continually drawing people into your life that hurt you in some way, it is very possibly because you are carrying either hurtred or hatred and you are not forgiving.

A Guilt Complex Always Brings Punishment

Failure to forgive yourself for something, results in a guilt complex. And a guilt complex demands and draws punishment. As long as you hold on to the memory of a negative experience in your life, you will compel negative experiences to continue to happen.

<u>Click here to</u> listen to this life-changing **Forgiveness Affirmation**

And be free of all the hurtred and hatred that has kept you from peace of mind and the blessings that you deserve.

Chapter 4

THE TREASURE OF GOD-IN-YOU

A SCIENCE OF LIVING PRINCIPLE

Every individual who was ever born into this world has one duty to perform, and that is to know himself — to discover his true self.

God is in YOU!

When you know the truth that God is in you, when you know that Good is in you, you are free. Unfortunately, the fact that God is in man is one of the best-kept secrets in the universe. This is why I love to tell people, "God is in you." Many times, when I speak to thousands and I suggest this, I see that it just shocks people.

It is wonderful to recognize the Presence of God within you. It is wonderful to recognize the Presence of God, unlimited good, within each person. Every time I think about the idea the God is in me, it excites me.

I don't know if it excites you, but one of the most exciting things in my life is to realize that the Presence of God is within me. Oh, that lights my fire. That puts "a tiger in my tank."

Get Excited About the Presence of God-In-You

When I say, "You can't lose with the Stuff I use," I'm talking about the Presence of God-in-you, the Power of God-in-you, the infinite capability of God-in-you, the unlimited love of God-in-you. How can you lose with God-in-you?

I want you to reflect for a moment on the idea that God is within you. And I want you to get excited about that! I have seen people who, when they first learn that God is within, get so excited about it that they have what seem like miracles happen in their lives.

Something Wonderful Happens

I was in Washington some time ago, teaching at a fellowship meeting. Although it was raining hard outside, the place was jammed. So many people came to give me their wonderful testimonies. One which I will never forget was from a man who had seen me on television. He said that for years he had been in and out of mental hospitals with a severe alcoholic problem he just couldn't get rid of.

Then he saw me on TV when I was talking about the Presence of God within. He felt something warm come over him and, from that time, he lost his taste for the alcohol that he didn't think he could do without. He has been a different man ever since. I have seen many people get free from drugs, healed from sickness, and liberated in so many ways by just recognizing the Presence of God within.

Even the book of Proverbs tells us, "In all your ways acknowledge Him, and He will direct your paths." (Proverbs 3:6) Something infinitely marvelous happens when you recognize the Presence of God-in-you.

So, get excited about the fact that God is in you. Get excited about the fact that the love of God is within you – the mind of God is within you.

Get excited about Your God-Power!

Get excited about the fact that God has placed infinite treasures within your being. On the purely intellectual level, you couldn't possibly know all of the infinite treasures which God Almighty has placed within your being.

But like the gold and the diamonds and the minerals in the earth, you must lay hold of these treasures that are within you and mine them and refine them and develop them.

God-In-You Makes You Rich

No man is poor. I don't care what the "Cost of Living index" says. I don't care what the unemployment figures say. No man is poor.

There are no poor people, only people who are not aware of the riches of God within.

Deep within the heart of everyone, God has put the POWER to be, to do, and to have the goodness of life, the riches of life.

The truth of me, the truth of you, the truth of everyone is that, "The Lord is my shepherd, I shall not want." (Psalms 23:1)

This is what the Master Jesus meant when he said, "You shall know the truth and the truth shall set you free." (John 8:32)

When you know the truth that God is in you, when you know that good is in you, you are free.

Suggest That Only Good Is Within

Evangelists, most of the time, say to people, "You are full of the devil." When anyone suggests to people that they are full of the devil, they are going to act like the devil.

This is why I teach parents, "Don't say your kids are bad!" Whenever I visit a home and the little kids are jumping around, sometimes parents will say, unthinkingly, "Oh, that is a bad child." I say, "That is an active child. That child is active and jumping around because he or she is happy and

healthy. Be glad that your child is jumping around."

Deep within the heart of everyone, God has put the ability to be, to do, and to have the goodness of life, the riches of life.

I have always pitied these poor praying and fasting church ladies who are saved and are trying to get their husbands saved. They pray and fast and make a request in prayer meeting every night, "Pray for my husband to be saved."

And then they go straight home and shake their finger in his face and say, "You devil you." And that is why they don't get rid of the devil. They are always calling the devil. If you notice in my lectures, the devil scarcely gets an honorable mention.

People have said to me also, "Rev. Ike, why don't you preach about sin?" I'm through with sin. I've had enough of it. The heck with sin! If you concentrate on the devil and all his negative suggestions, you will draw them into your life. And I'm through with negatives.

Call Forth the God-In-You

It's like that man at my meeting in Washington. He was an alcoholic and a bum, sleeping in old, abandoned cars, raising hell in his home whenever he did go home. He didn't need anybody to tell him that he was a sinner. He knew that he was a sinner.

He needed somebody to pinpoint the good in him, the God-in-him. And when he heard me say that God was in him, then the God-in-him came forth.

Greet People With A Blessing

Be careful what you call out of people. Because whatever you call out of people, you are going to get it. Let us not suggest to ourselves, or to anyone else, that anything but good is within each person. Because, here again, "What you see is what you get." (Flip Wilson)

What you see in other people is what you will get out of them!

So, when you see other people, greet them with the words that will call forth their good. Greet them with "The Presence of God-in-me blesses the Presence of God-in-you." (Think this in your mind, with feeling, when you see people and see what happens! You will be amazed!)

QUOTES TO REMEMBER

"There are no poor people, only people who are not aware of the riches of God within them." — *Rev. Ike*

"So much is man worth as he esteems himself." — *François Rabelais*

"Know thyself." — *Plutarch*

(Repeat these affirmations aloud, with feeling!)

Right here and right now, I recognize, I acknowledge the Presence of God-in-me.

I am excited about the Presence of God, the presence of unlimited good in me.

I am excited about the love of God within me.

I am excited about the mind of God within me.

God has buried infinite treasures within my being.

I now mine, refine, and develop the infinite treasures within me.

I see only good, I see only God, in myself and in everyone else.

Thank you, God-in-me!

Every time you open your mouth you speak your world into existence!

What you say and think about yourself and what you believe about yourself – and determines everything that happens to you!

What you SAY is what you GET!

<u>Click to Listen</u> to this free five-minute Rev. Ike audio that will open your eyes to the power (and danger) of the word 'BUT'.

This mini-lesson will lead you to the powerful truth that every time you say, (or think) this negative word, you put a 'BUT' in the way of your happiness... and it's your OWN big 'BUT'.

Chapter 5 YOUR POWER OF COMMAND

I and my Father are one. John 10:30

A SCIENCE OF LIVING PRINCIPLE

You are in command of the infinite God-Power within you. Decide what you want and get out of the way of the God-Power.

I get so excited when I tell you about the Power of God that is within you. If for just one split second you realized how much power you have, it would literally, in the language of the street, "blow your mind."

You Are the Power

We are all one and a part of the Infinite. This is what the Master Jesus meant when he said, "I and my Father are one." (John 10:30) I AM one with the Infinite. And so are you, 'one with the Infinite!

You see, it is not enough for the Infinite to just be infinite. The infinite must define itself though man. The Infinite must define itself through you. The Infinite must define itself through me.

The Infinite becomes definite in man – in me, in you. The only personality that God has is in man and as man. You have within you the potential and the power to be what you want to be, to do what you want to do, and to have what you want to have. Through YOU, the infinite Power of God becomes definite.

Affirm this statement in the first person, "Through me, the infinite Power of God becomes definite." (Say it out loud, with feeling!)

Through man, the Infinite becomes definite, and it is your responsibility to be definite. You cannot turn away from being definite. You cannot turn away from making choices. You cannot turn away from making decisions. This is your ability and your responsibility.

The Infinite Has Given You the Ability and the Responsibility

The Infinite has given you the ability and the responsibility to *choose* and to *define* that which you wish to be, to do, and to have. And I like to be redundant about this, because I realize many of us coming from religious backgrounds have been taught to pray to the Infinite saying:

"Now Lord, you tell me what you want me to be. You tell me what you want me to do, Lord. You tell me what you want me to have, Lord."

But this won't work. The Infinite is not going to speak to you from heaven and say to you, "Go thou and buy a Cadillac." The Infinite has given you the ability and the responsibility to choose the kind

of car you want to have. The Infinite has given you the *ability* and the *responsibility* to *choose* the kind of life you want to live.

Command You Me

In the Scriptures, the Infinite says to the individual, "Command you Me!" (Isaiah 45:11) And this is where religious people get mixed up. The Infinite is saying, "You command Me. You define that which you wish me to do for you."

Yet religious people say, "Now Lord, you tell me what you want me to do." And so they are at a stalemate with the Infinite. The Infinite says, "You command Me," and they say, "Now Lord, you tell me... You tell me whether you want me to be a lawyer or a doctor or what..."

The Infinite says to command its infinite expression. The Infinite puts strength in you. You can take that strength, that power, and you can love with it or you can strike out with it. The Infinite puts emotions in your heart. You can take the power of your emotions and you can love or you can hate. You must choose what will be your experience in life.

The Infinite says to you, "YOU COMMAND ME! You tell me what you want!"

A Word of Warning

When a person understands the power of his word, he is careful with it. It is just like an automobile. The automobile is a wonderful invention and there is a lot of power in it, but you have to be careful with it. An automobile has power to go up on the sidewalk and knock somebody down. It has power to take you over a cliff.

Be sure to use the power of your word for only good and positive purposes.

Take Charge!

The moment you decide exactly what you want, the infinite God-Power within you goes to work to accomplish that good. So decide what you want and GET OUT OF THE WAY OF GOD-POWER! Don't let limited human thinking stand in the way wondering "how?" Don't let the human intellect stand in your way.

Your firm, definite decision COMMANDS the infinite God-Power within you to work for you according to your faith.

But you must be definite. The God-Power within you awaits your decision. It is your Father's pleasure to give you health, happiness, love, success, prosperity, and money.

The Bible says, "It is your Father's good pleasure to give you the Kingdom." (Luke 12:32)

QUOTES TO REMEMBER

"In me the infinite Power of God becomes definite." — Rev. Ike

"The greatest thing in the world is to know how to be sufficient unto oneself." — *Michel Eyquem de Montaigne*

"Your greatest power is the power of choice." — Ralph Waldo Emerson

(Repeat these affirmations aloud, with feeling!)

In response to God's invitation, *Command you Me!* I now command the Infinite within me.

I command health year after year, from birthday to birthday.

I command happiness and love. I'm the happiest and most loving person I know. I make everyone else feel happy too, and they love me.

I command success and prosperity. Everything I touch becomes successful. I can have all the good I desire.

I now command money. Lots and lots of money is drawn into my life. I do not serve money. Money serves me for all my good purposes.

Thank you, infinite God-Power in me!

Thank you, Father!

Good News if You Like This Book!

The 7 chapters in this free e-book are excerpts from Rev. Ike's best-selling Study Guide, *Health, Joy, and Prosperity – For You!*

With 52 easy-to-read chapters, the Study Guide is filled with practical how-to advice, visualization exercises and consciousness-raising affirmations you can put to work right away to change your conditions.

If you've enjoyed your free 'sample' in this e-book, you will want to own the complete Study Guide – available in paperback and downloadable Kindle format. To learn more or to purchase, **Click Here**.

Chapter 6 THE TRUTH ABOUT YOU

Know ye not yourselves how Jesus Christ is in you? 2 Corinthians 13:5

A SCIENCE OF LIVING PRINCIPLE

The truth of Jesus is the truth of you and the truth of me.

Will the Real Jesus Please Stand Up!

To some people, Jesus Christ was God's only Son who lived two thousand years ago and is going to come again. But my ideas about Jesus are different.

That's why it interested me the other day when a group of youths walked up to me on the street and handed me a religious leaflet. One of them said to me, "Jesus Christ is coming back soon, are you ready to meet Him?"

You know what I said to him, "Now wait just one minute! In the first place, I'm not serving any God that goes and comes. This God that you're talking about that goes and comes and absents Himself from the earth, I'm not concerned with Him."

When I said that, their eyes popped and their mouths dropped wide open. They didn't expect that! I told them, "The God that I serve is spoken of in the hymn that says, 'He walks with me, He talks with me, and He tells me that I am His own!"

The Christ "comes again" when a man remembers who he is in God and who God is in him.

I'm here to tell you that Christ is not just a man or just God's only Son who was here two thousand years ago and went away!

Christ is not a dead man on a cross!

Christ does not live in the altar of a church!

In this Ministry, we teach that **Christ is the Presence of God-in-me and the Presence of God-in-you,** now and forever! Christ is the ever-living **Presence of God-in-man.**

Now many people hear me preach this and they say to me, "What about the Bible passage which says, 'God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life'?" (John 3:16)

And I explain it to them in this way:

The Truth About Jesus

The only begotten Son of God refers to the *one Divine Sonship of mankind*. Divine Sonship is not exclusive to the person Jesus, but it is inclusive to each individual in the whole world!

God so loved mankind that He gave all mankind Divine Sonship.

You see Jesus never claimed to be God's only relative. The theologians gave us that idea. You have to be careful of what the theologians tell you.

God so loved all of mankind, that He gave EVERY man Divine Sonship.

Jesus perfectly demonstrated the Christ, the Divinity within. Jesus recognized the truth of His own Divinity. He knew the truth about Himself: *He knew who He was in God and who God was in Him.* And He knew that He could use the Power of God within to work wonders.

But it is not enough for Jesus to be the ONLY one to realize and demonstrate the Presence of God within. It is the possibility and the responsibility of every man to come to the same realization and demonstration of his own Divinity as Jesus did.

Each man must come to know the truth of his own Divine Sonship. And until you know this, you don't know the truth of Jesus.

I Am What Jesus Is

Each person must come to that inner realization that "I AM WHAT JESUS IS."

And you can't know Jesus until you know that you are exactly what Jesus is – the Son of God. The truth of Jesus is the truth of you and the truth of me.

Jesus realized who He was in God, and who God was in Him. And whenever Jesus said, "I and my Father are one," He spoke that truth for every man and of every man. He demonstrated the Presence of God within Him, by healing, by blessing and by showing love to the whole world.

He pointed us to our own Divinity, when He said, "The works that I do shall you do also." (John 14:12)

QUOTES TO REMEMBER

"When God individualized Himself in you, He gave you everything you need – the power to accomplish the good you desire." — *Rev. Ike*

"According to your faith, so be it unto you." — Matthew 9:29

"The Healthy, Happy, Loving, Successful and Prosperous Presence of God is within you – within me – within everyone." — *Rev. Ike*

"Let each man think himself an act of God, his mind a thought, his life a breath of God; and let each try, by great thoughts and good deeds, to show the most of Heaven he hath in him." — *Philip James Bailey*

(Repeat these affirmations aloud, with feeling!)

Right here and right now:

I accept the Christ Presence in me.

I accept the God Presence in me.

I accept the God Power in me.

I go forth into life to let this God Presence and God Power flow out of me as health, happiness, love, success, and prosperity.

I AM the perfect realization and demonstration of the Love and Joy of the Lord.

Thank you, Father!

Isn't it exciting to realize the truth about who you really are?

But many of you have been programmed throughout your life with negative beliefs about yourself, so at the **subconscious** level of your mind you may not accept this truth that you are precious and powerful and perfect.

And subconscious beliefs resist change – that's why you must study and practice techniques to UNLEARN this negative self-image and create a new joyful, healthy, and prosperous self-image.

Program Your Mind with the Truth!

You CAN learn to program your subconscious with the right kind of thoughts and beliefs so that your mind will work FOR you – and not AGAINST you!

Click here to listen to a free 5-minute audio lesson from Rev. Ike, that will start you on the path to controlling your thoughts and your emotions – instead of letting your thoughts and feelings control you! Listen now and start to take control of your life!

Chapter 7

VISUALIZATION:

Seeing With the Mind's Eye

A SCIENCE OF LIVING PRINCIPLE

Whatever you want, see yourself as the one who has it.

In Mind Science, in order to bring the good that you desire into your experience, we teach you to visualize. By the technique of "visualization," you can direct the attention of your mind toward the good you desire.

Develop the technique of visualization. Learn to use your imagination to "see" yourself already being, doing, and having the good which you desire. Because you can be, do, and have anything that you direct your attention to, anything that you can see yourself being, doing and having.

But to bring your good desires into your experience, you must first learn how to visualize. You must first learn how to see yourself with that good which you desire.

Open Your Inner Eye

When I say that you must "see" the good you desire, I am not speaking of seeing with your physical eyes. I am speaking of seeing with your Mind's Eye, the inner eye of your imagination. That is visualization. That is where the real seeing is done.

Whatever you can see yourself with in your mind, you will bring into your experience.

One of the greatest Gospel truths that has ever been spoken is the phrase used by the comic Flip Wilson: "What you see is what you get!" And it's so true. You're not going to get any more in life than what you can visualize yourself with.

Whatever you can see, you can be!

It sounds simple, but there is great power in this technique. You see, you cannot receive anything unless you first can conceive the idea of it in your mind. You cannot become rich and famous if you don't first have the idea of being rich and famous. Now maybe you don't want to be famous – that's okay. It's not for everybody.

But maybe you would like to take a winter vacation. Maybe that's something that you've always wanted to do but thought you'd "never get the chance." In this lesson we're going to have a little fun, but in a serious way. We're going to learn how to apply the techniques of visualization to get a winter vacation. Now those of you who have been to my meetings already know how this is done.

But for those of you who have never done this with me in person, this is how we visualize.

First, Decide Where You Want to Go!

The first thing you must do is to decide, clearly and decisively, exactly what it is that you want. You see, many of you have never taken a winter vacation because you never made it clear in your own mind just where you wanted to go! Your mind is ready to work for you, but you have to tell it what you want it to do.

This reminds me of one of my meetings, when I was teaching about visualization. I told everybody there to get their passport ready for where they wanted to go on vacation, and get ready to travel.

A few weeks later, a lady wrote to me and said, "Reverend, I have my passport, and I'm ready to travel. I don't know where I'll be going, but I'm ready to go!" Well, that lady would still be sitting in her house with her passport if I hadn't told her what I'm going to tell you now.

First you have to decide exactly where you want to go, then you can visualize yourself being there. It's just like asking for directions – if **you** don't know where you are going, you'll never get there!

I want you to ask yourself these questions, and I want you to be very specific and very decisive when you answer.

- What kind of winter vacation do I want to go on?
- Where do I want to go? *I want to go to (location)*
- What month and day do I want to go? I want to go on (date)
- What do I want to do when I get there? *I want to (activities)*
- How long do I want to stay? *I want to stay (length of time)*

Once you have clearly decided, then you can begin seeing yourself being, doing, and having that which you have chosen.

Prepare Yourself for Good

Once you have decided exactly what you want, it's important that you continually impress your subconscious with the idea of having it. Do things that will prepare you, mentally and physically, for the good that you desire. Get full of the feeling of being, doing, and having the good which you have chosen.

Begin impressing your subconscious mind with a winter vacation by going to a travel agency and getting travel brochures. Look at the beautiful pictures of the places you want to go to, and put the brochures all around your house. Impress your subconscious mind with the idea of already being there. Find out about the famous sites you want to see while you're there, and the different, exotic foods that you want to taste.

And if you want to travel to a foreign country, get your passport ready. Even begin learning the language of that country!

Impress Your Subconscious Mind with the Good You Desire

Get full of the feeling of having new, exciting, wonderful experiences. Once you have accepted an idea in your mind, everything necessary for the fulfillment of that idea begins to happen.

Your visualization, your belief, will go before you and lead you to all the ways and means of manifesting a first-class vacation for yourself!

Now I want you to get relaxed and comfortable, and open your Mind's Eye, the inner eye of your

imagination, because I want you to impress your subconscious mind with the idea of a winter vacation. Read this Vacation Visualization Prayer slowly, out loud with emotion, and get "full of the feeling" of already being on your vacation. Be sure to 'see' it and experience it in your mind.

Before you go to sleep each night, re-read this prayer to reinforce your subconscious mind with the idea of a vacation. And each morning when you wake up, read it again, to bring your good desires into your life.

Vacation Visualization Prayer

Here I am on the beach, enjoying the vacation of my dreams.

I wriggle my feet, and I can feel the sand between my toes.

I see myself wading into the surf, and I feel the water splashing around my ankles. Oh, how cool it is.

I think I'll sit in the water and let it splash around me.

Ah, how relaxing this vacation is.

The sun is so warm here.

These people here are so nice, so friendly.

I love tasting delicious, exotic foods.

I love shopping in the beautiful little shops and buying myself lots of wonderful, expensive gifts.

This vacation is doing me a lot of good.

My bills are all paid up, and it sure is good not to have to worry.

I feel so good.

Thank you, Father.

Thank you, God-in-me.

THINGS TO THINK ON

Choose a place you have always wanted to visit and take yourself there on a Visualization Prayer Treatment. Do it today!

QUOTES TO REMEMBER

"Where there is no vision, the people perish." — Proverbs 29:18

"God has given man the power to create his experience by means of his imagination; therefore, whatever he can see himself being, doing, and having in his imagination, he can be, do, and have in his experience." — *Rev. Ike*

(Repeat these affirmations aloud, with feeling!)

God-in-me has given me the power to create my experience by means of my imagination.

I AM using my imagination to see all the good I desire in my experience.

I AM visualizing positive, happy, loving, successful experiences.

I see myself being, doing, and having all the good I desire, right here and right now.

Thank you, Father.

Thank you, God-in-me.

Above, we visualized a wonderful vacation, but this same type of visualization technique will work to fulfill any of your desires. You can use these same techniques to visualize more money, a better job, loving and being loved, better relationships, good health, a new home, or car – it's guaranteed to work – if you work it!

The subconscious mind does not know the difference between a mental picture and material reality.

This is an amazing truth about your subconscious mind. Whatever your subconscious mind believes to be true, it will manifest in material reality! So, make no mistake about it, your mind is going to be used.

The questions you must ask yourself are:

- WHO is going to use my mind?
- Am I using my mind in a positive or in a negative way?
- Is my imagination creating suffering or happiness for me?

<u>Click here</u> to discover how to 'trick' your subconscious mind into getting you everything you want in life – by <u>using your God-Given</u>

Power of Visualization!"

Where Do You Go from Here?

If you got this ebook by signing up with your email address at my website, you'll also be receiving my free 7-lesson Visualization e-course sent to you by email. This free e-course is a wonderful introduction to **Visualization** and contains techniques that you can use right on the spot to enrich your life and make it better!

I love teaching and giving gifts and will be sending you free lessons, spiritual inspiration, and coaching on a regular basis. I'll also send you occasional news about my audio courses that can take you deeper into the life-transforming techniques of Mind Science and Thinkonomics.

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Audio Teachings

You see, self-awareness, spiritual growth and development involve continual study and practice; and the written lessons in this ebook are only a taste of my powerful full-length, live workshops, many of which are now available to stream or download.

My friend, there is magic in HEARING!

My audio teachings are in-depth, emotionally charged sessions that give you the full experience of being there with me. Better still, you feel like you have me there with YOU!

Here's what you will experience as you go through these audio sessions:

- Together, we use techniques that actually trick your subconscious mind into paying attention and getting the message.
- I purposely use repetition and have you repeat after me with feeling and emotion. You are actively involved!
- The emotion and energy of these sessions will touch your soul!
- You take part in affirmation treatments that reach down past your conscious mind and into your subconscious mind where they can do the most good!
- As I ask you searching questions and have you cross-examine yourself, you begin to realize new truths about who you 'really' are and your amazing potential!
- I coach you and guide you to increased self-awareness.
- You come to believe in your God-given mind power!
- You will become definite about what you want out of life and YOU WILL KNOW HOW TO GET IT – by using your power of visualization!
- You eliminate fear, doubts and negative thinking from your consciousness and welcome love, joy, and well-being!
- You build a new self-image of health, love, strength, prosperity, and abundance!

Click here to learn more about my audio lessons.

YouTube Videos

In addition to my selection of full-length audio lessons, my YouTube channel **(Rev. Ike Legacy)** contains hundreds of video and audio teachings. Be sure to check out my playlists where you will find complete series ready to stream – just hit autoplay and enjoy!

Study Guide

The 7 chapters in this free e-book are excerpts from Rev. Ike's best-selling Study Guide, *Health, Joy, and Prosperity – For You!*

With 52 easy-to-read chapters, the Study Guide is filled with practical how-to advice, visualization exercises and consciousness-raising affirmations you can put to work right away to change your conditions.

If you've enjoyed your free 'sample' in this ebook, you will want to own the complete Study Guide – available in paperback and ebook formats. To learn more or to purchase, **Click Here.**

And now, the Presence of God-in-me blesses the Presence of God-in-you.

Love, Peace, Prosperity,

Ker Ke

Dr. Frederick Eikerenkoetter Better known as Rev. Ike

(Written January 2009)



Reverend Ike: An Extraordinary Life of Influence

If you want to learn more about Rev. Ike's fascinating journey from extreme childhood poverty to becoming an icon of success and prosperity, check out his biography! This long-awaited testament to Rev. Ike's life and legacy was written by his son Xavier Eikerenkoetter and Mark Victor Hansen (*Chicken Soup for the Soul*), with a foreword by Bob Proctor. *Reverend Ike: An Extraordinary Life of Influence* is available in hardcover and e-book formats. **Order your copy today!**

About the book:

Lovingly known by his ardent and enthusiastic followers as Reverend Ike, Frederick J. Eikerenkoetter II touched millions of lives. He presented people with a new way to think about themselves, about life, and about all the riches of health, happiness, joy, love, success, prosperity, and money that could be theirs—if they only understood the principles that he had come to understand. These were the very transformational principles he taught to the hungry hearts, souls, and minds who showed up at his church meetings, workshops, and radio or TV broadcasts each week.

Rev. Ike's early life was full of family drama, opposition, and extreme poverty. Still, he refused to follow the prevailing belief—even within his own family and community—that Black people were here to suffer. Rev. Ike embodied his work and his purpose to raise others up to a better life. In truth, he was a perfect example of the power of faith in action. He overcame the odds by rising above obscurity and transforming himself to a place of great significance.

Around the world, individuals were touched in countless ways and lifted out of poverty, anger, hopelessness, and depression. As Ike's ministry grew, his calling captured the attention and devotion of millions. Compared frequently to the internationally revered Reverend Billy Graham, Reverend Ike became one of the most widely known and heard inspirational prosperity teachers of his generation. **Order your copy today!**